

Needs for Treatment Planning and Quality Assurance in Proton Spot Scanning Therapy

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PTV Doesn't Work for Protons

- Single volume doesn't describe necessary dose coverage for all beams
- Need to prescribe dose to CTV, with defined positional and range uncertainties
 - Evaluate CTV and OAR including uncertainties
- Optimization algorithm needs to consider these uncertainties when determining spot weights
 - Range uncertainties
 - Setup variations
 - Intra-fractional motion







Back to the PTV





Uncertainty



Beam Direction 2



Evaluate DVH "band", not just curve



Fig. 1. Comparison of the robust IMPT optimization method and the OTV-based method: DVHs of CTV and hypothalamus in a pediatric brain case. The DVHs for the nominal scenario and eight uncertainty scenarios are plotted in each panel. The result of the robust optimization is on the left, and the result of the OTV-based IMPT optimization is on the right.

Standard Optimization

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Jan Unkelbach¹, Timothy C Y Chan² and Thomas Bortfeld¹





Dose Calculation

- It has been well published that current pencil beam calculation algorithms have notable limitations
- It has been recommended to use Monte Carlo calculations





Figure 5. Above are the dose <u>colorwash</u> of the TPS generated distribution (left) and the Monte Carlo generated dose distribution (right) for a central brain tumor with a CTV (red) that is approximately 2cm in diameter. The graph in the center displays the dose profile through the center of the CTV. Note that the MC dose distribution is 2.2% lower than that from the TPS. This difference is attributed to the small target size and the complex heterogeneous surroundings. This plan would be suitable for renormalization.



TPS on Left

MC on Right





Robust Optimization

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	U 2	-0.3	cm	0.0	cm	0.0	cm	0.00	%	X				
	U 3	0.0	cm	0.3	cm	0.0	cm	0.00	%	X				
	U 4	0.0	cm	-0.3	cm	0.0	cm	0.00	%	X				
	U 5	0.0	cm	0.0	cm	0.3	cm	0.00	%	X				
	U 6	0.0	cm	0.0	cm	-0.3	cm	0.00	%	X				
	U 7	0.0	cm	0.0	cm	0.0	cm	3.00	%	X				
	U 8	0.0	cm	0.0	cm	0.0	cm	-3.00	%	X				
	U 9									X				
	Field 1	0.5	cm	0.0	cm	0.0	cm							
	U 10									X				
	Field 1	-0.5	cm	0.0	cm	0.0	cm							

Remove All



Biological Considerations

- It has been well published that the Relative Biological effectiveness of Proton therapy is larger that 1.1 near the Bragg Peak
- Notable side effects, such as Brainstem necrosis in pediatric cases have been reported



Linear Energy Transfer







Fig. 1. Experimental proton RBE values (relative to 60 Co) as a function of dose/fraction for c *in vitro* in the center of a SOBP. Closed symbols show measurements using Chinese Hamster stand for other cell lines. Circles represent RBEs for <100-MeV beams and triangles for >1

RELATIVE BIOLOGICAL EFFECTIVENESS (RBE) VALUES FOR PROTON BEAM THERAPY

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Fig. 2. Experimental proton RBE values (relative to 60 Co) as a function of dose/fraction measured *in vivo* in the center of a SOBP. Closed symbols show RBE values for jejunal crypt cells, open symbols stand for RBEs for all other tissues. Circles represent RBEs for <100-MeV beams and triangles for >100-MeV beams.



Relative biological effectiveness (RBE) values for proton beam therapy. Variations as a function of biological endpoint, dose, and linear energy transfer

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Figure 6. RBE for cell survival as a function of LET_d at a proton dose of 2 Gy (from left to right: $(\alpha/\beta)_x$ between 0 Gy and 3 Gy, between 3 Gy and 6 Gy, between 6 Gy and 9 Gy, and above 9 Gy). The upper row shows all data points included in the analysis. The lower row includes only data with LET_d values $\leq 15 \text{ keV } \mu \text{m}^{-1}$, the area most clinically relevant. LET_d values are given relative to the reference photon radiation. The solid lines are fits through the data included in each plot considering the published uncertainties. The dashed lines show the fit results without considering individual uncertainties.



Previously published LQ RBE models (Carabe, Wedenberg, McNamara) described in Phys. Med. Biol. 60 (2015) 8399







H&N $\alpha/\beta=2$ Biodose









Modify the Treatment Plan based on biological considerations



Figure 6. Above are the dose colorwash for the LETd weighted biological dose calculation, (top) initial plan and (bottom) after mitigation for high biological dose. In the region of the biological hot spots, the physical dose of the initial plan is 2% higher than the modified plan, but the biological dose is ~10% different. Small modifications of margin and gantry angle resulted in an improved biologic dose profile in critical location such as the brainstem and spinal cord.



Biological based Treatment Planning





Quality Assurance

- For future Clinical trials involving spot scanning proton therapy,
 - Monte Carlo calculations are needed
 - Robust evaluation of the plans are needed
 - Ideally robust optimization
 - Biological considerations are needed
- For routine clinical QA
 - True Failure Mode Analysis is needed
 - There is not time to measure everything
 - May give a false sense of "quality"

Patient Specific QA with time consuming "flat water phantom" measurements



MAYO CLINIC Moved to more efficient and meaningful Patient Specific QA

G30T0





Thank you for your time

• QUESTIONS